



Jazzdance Fitness

A great class for your high spirited kids!

Your child will love this high energy and fun dance class. Learn basic Jazz, dance and hip hop moves and routines. Warm-ups and cool down exercises will be taught. This class will improve your child's coordination, flexibility, strength, rhythm and confidence. Most of all they will have so much fun dancing to lively upbeat music with their friends.



For more information please contact Leslie Sokol
at 408-836-8559 or Lesliedancekids@comcast.com
For registration and class schedule please contact
the Carrillo Recreation Center at 805-897-2519

Monday and Wednesday
3:30-4:30 (Ages 5-9)
Starting March 30th